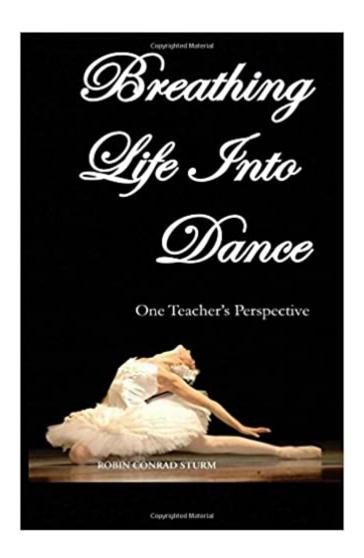


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# Breathing Life Into Dance: One Teacher's Perspective (Second Revised Edition)





## **Synopsis**

A Common Sense Approach to Studying, Training, Performing, and Teaching the Art of Dance Breathing Life Into Dance, is based on the Robin Sturmââ ¬â,¢s life as a student, professional dancer, teacher and choreographer. This book serves as a loving guide to anyone who has a desire to explore the performing arts, whether professionally or for personal artistic fulfillment. Sturmââ ¬â,¢s lifetime of experience has given her a fresh perspective of how to teach this beloved and highly respected art form and to perpetuate a legacy of integrity and a passion for excellence. This book is not a memoir, nor a biography of another dancerââ ¬â,¢s life. It is not a  $\tilde{A}$ ¢â ¬Å\*how-toâ⠬• that touts a new style or specific technique that will assure a dancerââ ¬â,¢s acceptance into a professional career. Instead, it is a revelation borne of endless training, dancing, performing, teaching, and relating to every imaginable motivation and personality.

## **Book Information**

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### Customer Reviews

Robin Conrad Sturm began her ballet training at seven and a half years of age with Mary Day, and went on to become a graduate of the Academy of the Washington School of the Ballet. She was a full-scholarship student at the American Ballet Theatre School and the School of American Ballet in New York. She was a founding member of the Washington Ballet, when it became a professional company, and rose to a principal dancer there until the birth of her first child. Ms. Sturm is currently a principal dancer and Co-Director of the Asaph Dance Ensemble, which has appeared at the Kennedy Center for the Performing Arts and various other theaters in the Washington, D.C. area. She was also a soloist in Jerome Hinesââ ¬â,¢s opera, I Am the Way, at the Bolshoi Theatre in

Moscow. Ms. Sturm was an adjunct instructor in the dance department of the Ameri-can University in Washington, D.C. and was the Artistic Director and principal ballet teacher of the Northern Virginia Dance Academy, as well as a former teacher at the Washington School of the Ballet. Ms. Sturm and her husband, Bob, have three grown children, Jeremy, Rebekah, and Samantha. They live in Manassas, Virginia, where they co-direct the Asaph Dance Ensemble.

Excellent book! Robin has such warmth and insight to offer into the world of dance. Very helpful as a parent of a dancer!

To entrust your child and his or her dreams to a teacher is a leap of faith. In the dance world we do it and hope for the best. What if that teacher has been there, and is willing to be open and honest. About it all. What happens when how to succeed meets with how to think about talent, and potential. If you have those two qualities you should succeed. But without the right guidance, success is hard to come by. The author illustrates, often in a very personal way, her love of teaching. Teaching with regard to the student on an individual level that is both comforting and inspiring, and challenging. If you love dance, the arts, and creativity in all aspects, you need this book. If you have someone in your life beginning the journey that is dance, this book will be a light to show the way.

This lady teaches ballet to my sisters. She is a wonderful, gracious, talented lady. She treats her students with respect, including incorporating modesty into dress. There is a reason students stay with her for years, she can teach the young ones and go all the way up to professional. I don't know about her book but she is an awesome teacher and a great person!

This was surprisingly interesting! I am not a parent of a dancer - I'm an adult who has always loved ballet and who hopes to one day find an adult beginner ballet class! So I'm not the intended audience for this, but I still found it fascinating, and very helpful. Robin's insights are, well, insightful - they're a great window into the world of dance, both as a student and a teacher. She's reinvigorated my quest to find classes for myself!

This book is a must read for ever dance instructor and every dance parent. We can get so wrapped up in perfecting movements and disciplining the body, that the beautiful aspects of dance, the life of the dance get neglected. This book reignites the passion for dance that is born into each would be dancer.

You can tell how much this teacher loves her students and the art form. I wish I lived near the school where she teaches ballet.

An excellent read!! I recommend this book highly!

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